FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response	s)													
1. Name and Address of Reporting Person * Bounds Cary M			2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 9800 RICHMOND AVE., SUITE 700				3. Date of Earliest Transaction (Month/Day/Year) 12/29/2018						X Officer (give title below) Other (specify below) Chief Executive Officer & COO				
(Street) HOUSTON, TX 77042			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
()	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially C					Owned						
nstr. 3)		Date	any	if Coo	Code (Instr. 8)				of	Beneficial Reported	ally Owned Following d Transaction(s)		Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				C	ode			. /	Price				(Instr. 4)	
Stock		12/29/2018			F	(1)	031			380,408			D	
					t	the form d, Dispose	disp d of,	lays a o	curre:	ntly valid				
or Exercise	*****	3A. Deemed Execution Date ear) any	4. Transaction Code	5.	ber a	6. Date Exand Expir	ercis	able Date	7. Ti	ount of			of 10. Ownersh Form of	11. Nature
	and Address of Cary M Cary M CHMOND ON, TX 77 Conversion of Exercise	Cary M (First) CHMOND AVE., SUIT (Street) ON, TX 77042 (State) Security a Stock Report on a separate line for Conversion Date	Address of Reporting Person— Cary M (First) (Middle) CHMOND AVE., SUITE 700 (Street) ON, TX 77042 (State) (Zip) Gecurity 2. Transaction Date (Month/Day/Year) Table II - I (Conversion Date Conversion Date Conversion Date Conversion Date (Month/Day/Year) 3. Transaction Date Execution Date Execution Date any	2. Issuer Name VAALCO EN (First) (Middle) 3. Date of Earlies 12/29/2018 (Street) 4. If Amendment ON, TX 77042 (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Deemed Execution Date, any (Month/Day/Year) (Month/Day/Year) 3. Transaction Code (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Transaction Date (Month/Day/Year)	2. Issuer Name and Ti VAALCO ENERG (Middle) 3. Date of Earliest Trans 12/29/2018 4. If Amendment, Date (Street) ON, TX 77042 (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Securities Ac (e.g., puts, calls, warrans 2. Transaction Date (Month/Day/Year) A Stock Table II - Derivative Securities Ac (e.g., puts, calls, warrans) Conversion Or Exercise (Month/Day/Year) A Deemed Execution Date, if Conversion Or Exercise (Month/Day/Year) A Deemed Execution Date, if Conversion Date Execution Date, if Code Transaction Code Transaction Code	2. Issuer Name and Ticker of VAALCO ENERGY IN (Middle) (CHMOND AVE., SUITE 700 (Street) (Street) (Street) (State) (An Address of Reporting Person* (An It Amendment, Date Origin 12/29/2018 (An It Amendment, Date Origin 24. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Code Table II - Derivative Securities Acquires (e.g., puts, calls, warrants, opt 2. Transaction Date, if Transaction (Code) (Month/Day/Year) (Month/Day/Year)	2. Issuer Name and Ticker or Trading Such Address of Reporting Person— 2. Issuer Name and Ticker or Trading Such AALCO ENERGY INC /DE / [Sup	2. Issuer Name and Ticker or Trading Symt VAALCO ENERGY INC /DE/ [EGY ON	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY] 3. Date of Earliest Transaction (Month/Day/Year) 12/29/2018 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 3. Transaction Date Original Filed(Month/Day/Year) 4. Securities Acc (A) or Disposed (Instr. 8) (Instr. 3, 4 and 5) (Instr. 4) (Instr. 4) (Instr. 5, 3) (Instr. 6) (Instr. 6) (Instr. 6) (Instr. 7) (Instr. 8) (Instr. 8) (Instr. 8) (Instr. 8) (Instr. 9) (Instr. 9) (Instr. 15,031 (Instr. 9) (Instr	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY] 3. Date of Earliest Transaction (Month/Day/Year) 12/29/2018 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) ON, TX 77042 (State) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (A) or Disposed of (Instr. 8) (D) (Instr. 3, 4 and 5) Code V Amount (D) Price 15,031 D \$ 1.47 Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to contained in this form are the form displays a current form display	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY] S. Relation VAALCO ENERGY INC /DE/ [EGY] S. Direct S. Dir	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY] 3. Date of Earliest Transaction (Month/Day/Year) 12/29/2018 4. If Amendment, Date Original Filed(Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 12/29/2018 4. If Amendment, Date Original Filed(Month/Day/Year) 3. Date Original Filed(Month/Day/Year) 4. If Amendment, Date Original Filed(Month/Day/Year) 5. Relationship of Rep (Che X_ Director X_ Officer (give title bel) Chief Ex 6. Individual or Joint/ X_ Form filed by One Repe Form filed by More than 6. Individual or Joint/ X_ Form filed by More tha	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY] 3. Date of Earliest Transaction (Month/Day/Year) 12/29/2018 4. If Amendment, Date Original Filed(Month/Day/Year) 12/29/2018 4. If Amendment, Date Original Filed(Month/Day/Year) 12/29/2018 6. Individual or Joint/Group Filing, Form filed by One Reporting Person Form filed by More than One Reporting Person Form filed by More than One Reporting Person (Check all application) (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Of Chief Execution Date, if Charles (A) or Disposed of Charles (A) or Disposed o	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY] (Check all applicable) (Chief Executive Officer & COO (Individual or Joint/Group Filiapperson (Street) (A) Individual or Joint/Group Filiapperson (A) Individual or Joint/Group Filiapperson (A) Individual or Joint/Group Filiapperson (Individual or Joint/Group Filiapperson (Ind

Reporting Owners

D 4 0 N /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Bounds Cary M 9800 RICHMOND AVE. SUITE 700 HOUSTON, TX 77042	X		Chief Executive Officer & COO				

Signatures

Cary M. Bounds	01/02/2019		
***Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- $\textbf{(1)} \ \ Shares withheld to satisfy tax withholding obligations upon vesting of restricted stock.$

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.