FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)												
1. Name and Address of Reporting Person * Myers John J Jr				2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director				
4600 POST OAK PLACE, SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 08/25/2014					Office	r (give title belo	ow)	Other (specify b	elow)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
HOUSTON, TX 77027 (City) (State) (Zip)				Table I - Non-Derivative Securities Acqu					dired, Disposed of, or Beneficially Owned					
(Instr. 3) Date			•	f Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5)			of (D)	Beneficially Owned Following Reported Transaction(s)		6. Ownership Form:	Beneficial		
			(Month/Day/Year)	Code	V	Amou	(A) or (D)	Price	(Instr. 3 a	nd 4)		` /	Ownership (Instr. 4)	
Common	Stock		08/25/2014		S		10,00	00 D	\$ 9.25	75,000			D	
				Derivative Securi		cont the f	tained form di	in this for splays a o	m are curre eficial	e not requ ntly valid		spond unle trol numbe	ss	1474 (9-02)
. =	I_			(e.g., puts, calls, w	1				1					
Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Ye	Execution Da any	tte, if Transaction Code Year) (Instr. 8)	Number and				Am Und Sec	itle and ount of lerlying urities tr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownershi Form of Derivative Security: Direct (D) or Indirect	Ownershi (Instr. 4)
				Code V	(A) (D)	Date Exer	e rcisable	Expiration Date	Title	Amount or Number of Shares				

Reporting Owners

D 41 O N 4	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Myers John J Jr 4600 POST OAK PLACE SUITE 300 HOUSTON, TX 77027	X						

Signatures

//John J. Myers, Jr.	08/27/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.