FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* Guidry Steven P				2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 4600 POST OAK PLACE DRIVE, SUITE 300				3. Date of Earliest Transaction (Month/Day/Year) 03/04/2014									X Office	er (give title bel Chie	f Executive (Other (specify be Officer	low)
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							r)		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
HOUS I (City	ON, TX 77	(State)	(Zip)		T	ahla I	- Non	-Dor	ivativa S	Socuritie	os A.co	anira	ad Disna	nsed of or I	Ranaficially (Dwned	
		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date,		3. Transa Code (Instr. 8)		4. Securities Acqu (A) or Disposed of		cquired d of (E	nired 5. Amou f (D) Beneficia Reported		nnt of Securities ally Owned Following d Transaction(s)		6. Ownership Form:	. Nature f Indirect seneficial		
					(Month/Day/Year)		ode	v	Amour	(A) or (D)			Instr. 3 a	nd 4)		\ /	(Instr. 4)
Common	Stock		03/04/2014				A		27,850 (1)	0 A	\$ 0) 1	27,850)		D	
				Derivative So			quire	the f	orm dis	splays a	a curi enefici	rent	ly valid		spond unle rol numbe		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/	3A. Deemed Execution Da	Code	ction 8)	5.	per rative rities ired rosed) . 3, d 5)	6. Da	ate Exerc Expiration	cisable on Date	7. An Un Se (In 4)	Title mounder ecuri instr.	e and ont of clying ities 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivativ Security: Direct (I or Indire	Beneficial Ownershij (Instr. 4)

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Guidry Steven P 4600 POST OAK PLACE DRIVE SUITE 300 HOUSTON, TX 77027	X		Chief Executive Officer					

Signatures

//Steven P. Guidry	03/06/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted shares

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.