FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Responses			2.1-	NT		T:-!	T 4:	D1	5 P	elationship	of Reportin	a Person(s) to	Iccuer	
Name and Address of Reporting Person* Caflisch Luigi P					2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X_ Director 10% Owner				
WOOD END, WHISPER WOOD, LOUDWATER				3. Date of Earliest Transaction (Month/Day/Year) 03/03/2010						_	Officer (give title below) Other (specify below)				
											6. Individual or Joint/Group FilingCheck Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui						s Acquired,	lired, Disposed of, or Beneficially Owned				
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year			Date, if	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Owned Followin Transaction(s)		1	Ownership of Form:	7. Nature of Indirect Beneficial
				(Month/Day/Yea		y/Year)	Co	ode V A	(A) or (D)	(Inst	(Instr. 3 and 4)			Direct (D) (or Indirect (I) (Instr. 4)	Ownership Instr. 4)
	2. Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Transaction 3A. Deemed Execution Date, if	(e.g., puts, calls, w 4. 5. Nui Transaction of Det Code Securi (Instr. 8) Acqui or Dis of (D)		5. Numb of Deriv Securitie Acquire	Derivative urities (Month/D) Usposed Expiration (Month/D)		nvertible securion cisable and Date	7. Title and of Underly Securities	. Title and Amount f Underlying		9. Number of Derivative Securities Beneficially Owned Following	Ownershi Form of	11. Natur p of Indire Beneficia e Ownersh (Instr. 4)
				Code	V	(Instr. 3 and 5)	, 4, (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)	t
Non- qualified Stock Option (right to buy)	\$ 4.28	03/03/2010		A		60,000			0 03/03/2015	Common		\$ 0	60,000	D	

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Caflisch Luigi P WOOD END WHISPER WOOD, LOUDWATER HERTS, X0 WD3 4JU	X					

Signatures

//Luigi P. Caflisch	03/03/2015
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.