FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Cook David Bruce			2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]		ionship of Reporting Person(s) all applicable) Director	to Issuer 10% Owner						
(Last)	(First) (Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/08/2023		Officer (give title below)	Other (specify below)						
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street)	,		06/12/2023	X Form filed by One Reporting Person Form filed by More than One Reporting Person								
			Rule 10b5-1(c) Transaction Indication									
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant to a contra affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.	ct, instruc	ion or written plan that is intended	to satisfy the						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	e, Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	06/08/2023		M		278,551	A	(1)	348,422	D		
Common Stock	06/08/2023		F		31,845	D	\$4.19	316,577(2)	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Deferred Share Unit	(1)	06/08/2023		M			278,551	(1)	(1)	Common Stock	278,551	(1)	0	D	

Explanation of Responses:

- 1. The reporting person's deferred share units represented the right of such reporting person to receive the indicated number of shares of common stock, par value \$0.10 per share of the issuer upon the retirement of the reporting person from the board of directors.
- 2. On June 12, 2023, the reporting person and the issuer had not completed calculating the amount of required withholding taxes necessary to determine the number of shares that reporting person must forfeit. This Form 4 is being amended to reflect the reporting person's forfeiture of shares.

/s/David B. Cook by Matthew
Powers as attorney-in-fact
** Signature of Reporting Person
Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.