UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) September 12, 2005

VAALCO Energy, Inc.

(Exact name of registrant as specified in its charter) 76-0274813 Delaware 0-20928 (State or other jurisdiction (Commission (I.R.S. Employer File Number) Identification No.) of incorporation) 4600 Post Oak Place, Suite 309 77027 (Address of principal executive offices) (Zip Code) Registrant's telephone number, including area code 713-623-0801 (Former name or former address, if changed since last report.) Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions: Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01 Other Events

On September 12, 2005, VAALCO Energy, Inc. announced that the Etame consortim had elected to stabilize the production of the Etame Field at between 17,000 and 18,000 barrels of oil per day.

The information in this Current Report on Form 8-K, including Exhibit 99.1 attached hereto, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section. The information contained herein and in the accompanying Exhibit 99.1 shall not be incorporated by reference into any filing with the U.S. Securities and Exchange Commission made by VAALCO Energy, Inc., whether made before or after the date hereof and regardless of any general incorporation language in such filing, except as expressly set forth by specific reference in such filing to this Current Report on Form 8-K.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits

99.1 Press Release issued by VAALCO Energy, Inc., on September 21, 2005.

Signature

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO ENERGY, INC.

September 21, 2005 By: /s/ W. Russell Scheirman

W. Russell Scheirman

President and Chief Financial Officer

VAALCO Energy, Inc. Updates Gabon Activities

HOUSTON, Sept. 12 -- VAALCO Energy, Inc. (Amex: EGY), today announced that the Etame consortium has elected to stabilize the production of the Etame Field at between 17,000 and 18,000 barrels of oil per day. The higher initial production levels experienced with the addition of the Etame 6H well resulted in pressure interference with nearby wells and some declines in their productivity. Rather than risk local pressure decline, and possible damage to the reservoir, the Etame ET-3H well will be shut in. By resetting production the consortium expects improved aquifer support and stable production. The Etame ET-6H well, which has produced at rates in excess of 7,000 barrels oil per day, is the structurally highest well in the field. This well will ultimately recover attic oil that could not have been recovered by any of the other wells in the field.

Robert Gerry, Chairman and CEO, stated, "We would like to produce the field at higher rates, but prudent reservoir management requires us to take these actions. This decision is not an indication of any less oil in place in the field. The importance of maintaining sufficient aquifer support exceeds the benefits of accelerating cash flow in the near term if we are going to recover the maximum amount of reserves from the field."

On the Avouma development project, the Company announced that the fabrication yard building the production platform reopened on Tuesday September 6, 2005 after a ten day shut down for Hurricane Katrina. The Company is assessing additional costs and delays that may occur as a result of other manufacturers of platform equipment that are still shut down. The manufacturers have indicated that no damage occurred to our equipment, but until such time as the return of power infrastructure is known, it is difficult to assess the nature of delays for completing this equipment. The Company currently believes a delay of between 30 to 90 days for the Avouma project is possible.

VAALCO's next scheduled lifting for the consortium is set for approximately 600,000 barrels in mid September which will bring total oil sales from Etame to approximately 18 million barrels since inception. The Company expects to report third quarter results during the first week in November.

This press release includes "forward-looking statements" as defined by the U.S. securities laws. Forward-looking statements are those concerning VAALCO's plans, expectations, and objectives for future drilling, completion and other operations and activities. All statements included in this press release that address activities, events or developments that VAALCO expects, believes or anticipates will or may occur in the future are forward-looking statements. These statements include future production rates, completion and production timetables and costs to complete wells. These statements are based on assumptions made by VAALCO based on its experience, perception of historical trends, current conditions, expected future developments and other factors it believes are appropriate in the circumstances. Such statements are subject to a number of assumptions, risks and uncertainties, many of which are beyond VAALCO's control. These risks include, but are not limited to, inflation, lack of availability, goods, services and capital, environmental risks, drilling risks, foreign operational risks and regulatory changes. Investors are cautioned that forward-looking statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. These risks are further described in VAALCO's annual report on form 10K/SB for the year ended December 31, 2004 and other reports filed with the SEC which can be reviewed at www.sec.gov , or which can be received by contacting VAALCO at 4600 Post Oak Place, Suite 309, Houston, Texas 77027, (713) 623-0801.