FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Addre	ss of Reporting Person prine L	•	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/08/2023		Director Officer (give title below)	10% Owner Other (specify below)			
9800 RICHMOND AVENUE SUITE 700 (Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
HOUSTON	TX	77042	Rule 10b5-1(c) Transaction Indication						
(City)	(State)	(Zip)	Check this box to indicate that a transaction was made pursuant to a contra affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.	o indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the se conditions of Rule 10b5-1(c). See Instruction 10.					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									

1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of 6. Ownership 7. Nature of Form: Direct (D) Execution Date. Transaction Date Securities Indirect if any (Month/Day/Year) Beneficially Owned Following Reported or Indirect (I) (Instr. 4) (Month/Day/Year) Code (Instr. Beneficial 8) Ownership Transaction(s) (Instr. 4) (A) or (Instr. 3 and 4) Price Code Amount (D) 06/08/2023 128,393(2) Common Stock Α 20,286(1) Α \$0.00 D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	Ownership Form:	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

1. Represents shares of restricted stock of VAALCO Energy, Inc. (the "Issuer") granted to the reporting person on June 8, 2023 (the "Grant Date"). All of the shares vest on the earlier of (i) the first anniversary of the Grant Date or (ii) the first annual meeting of stockholders of the Issuer following the Grant Date (but, in either case, not less than fifty (50) weeks following the Grant Date); provided, that the reporting person is then, and continuously from the Grant Date has been, an outside director of the Issuer and has not been terminated from service from the Issuer's board of directors on such vesting date.

2. The reporting person also owns a fraction of a share of common stock equal to 0.445 of a share of common stock.

Remarks:

/s/Catherine Stubbs by Matthew 06/12/2023 Powers as attorney-in-fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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