# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	S)												
Name and Address of Reporting Person *     Doornik Jason			2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 9800 RICHMOND AVENUE, SUITE 700			3. Date of Earliest Transaction (Month/Day/Year) 06/27/2022						X Officer (give title below) Other (specify below)  CAO & Controller					
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
HOUSTON, TX 77042 (City) (State) (Zip)			Table I. Non Devicative Securities Associated					Aggui	uired, Disposed of, or Beneficially Owned					
1.Title of S (Instr. 3)	Title of Security 2. Transaction pate		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i	3. Transac Code (Instr. 8)	ction 4. S			quired of	5. Amoun Beneficial	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form:	7. Nature of Indirect Beneficial Ownership
					Code	V An	ount	(A) or (D)	Price				(I) (Instr. 4)	(IIIsu. 4)
Common Stock		06/27/2022		F		3,198 D	\$ 7.7	62,875		Б	D			
	Report on a s	separate line for	each class of securi	ities beneficially or	Į.	Persons	who i				ction of inf			474 (9-02)
	Report on a s	separate line for	Table II - I	Derivative Securit	ies Acquire	Persons containe the form d, Dispos	who id in the display	his for lays a or Ben	rm are currer eficial	not requ ntly valid	ired to res	ormation spond unlestrol number	ss	474 (9-02)
Reminder:		3. Transaction Date (Month/Day/Yo	Table II - I	•	ies Acquire arrants, opt 5. Number	Persons containe the form d, Dispos	who id in the display of the display	chis for lays a or Benole seculable Date ear)	rm are currer reficial rities) 7. Ti Amo Undo Secu (Inst 4)	not requ ntly valid	OMB conf	spond unles	f 10. Ownersh Form of Derivati Security Direct (I or Indire	11. Naturip of Indire Benefici Owners! (Instr. 4)

#### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Doornik Jason 9800 RICHMOND AVENUE, SUITE 700 HOUSTON, TX 77042			CAO & Controller			

## **Signatures**

/s/Jason Doornik by Michael G. Silver as Attorney-in-Fact	06/29/2022
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- $\textbf{(1)} \ \ Shares withheld to satisfy tax withholding obligations upon vesting of restricted stock.$

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.