FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of Re Maxwell George W.N	,	2. Issuer Name and VAALCO ENER			~ .		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) 9800 RICHMOND A	7 700	3. Date of Earliest Transaction (Month/Day/Year) 03/11/2022						X_Officer (give title below) Other (specify below) Chief Executive Officer			
HOUSTON, TX 7704	4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)		Table I - N	on-D	erivative S	ecurities	s Acqu	ired, Disposed of, or Beneficially Own	ed	
(Instr. 3) Date		2. Transaction Date (Month/Day/Year)		Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Transaction(s)	Ownership of Indir Form: Benefic	Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock 03/11/2022			А		43,799 (1)	А	\$ 0	108,840	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

				(<i>e.g.</i> , pu	ts, c	alls, warr	ants	, options, conv	ertible securiti	es)					
1. Title of	2.		3A. Deemed	4.		5. Numbe		6. Date Exercis		7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	of Deriva	tive	Expiration Date		of Underlying		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Securities	s	(Month/Day/Year)		Securities		Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	8) Acquired (A)				(Instr. 3 and 4)		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					or Dispos	or Disposed						Owned	Security:	(Instr. 4)
	Security					of (D)							Following	Direct (D)	
	-					(Instr. 3,	4,						Reported	or Indirect	
						and 5)							Transaction(s)	(I)	
											Amount		(Instr. 4)	(Instr. 4)	
											or				
									Expiration	Title	Number				
								Exercisable	Date	THE	of				
				Code	v	(A)	(D)				Shares				
-	1			cout		(11)	(2)				Shares				
Employee															
Stock						00.005				C					
Option	\$ 6.41	03/11/2022		А		98,925		03/11/2023	03/11/2032	Common Stock	98 925	\$ 0	98,925	D	
-	\$ 0.11	05/11/2022		11		<u>(2)</u>		05,11,2025	05,11,2052	Stock	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	ΨŪ	,50,525	D	
(right to															
buy)															

Reporting Owners

	Relationships							
Reporting Owner Name / Address		10% Owner	Officer	Other				
Maxwell George W.M. 9800 RICHMOND AVENUE, SUITE 700 HOUSTON, TX 77042			Chief Executive Officer					

Signatures

/s/George W. M. Maxwell by Michael G. Silver as Attorney-in-Fact	03/15/2022
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents shares of restricted stock granted to the reporting person pursuant to the VAALCO Energy, Inc. 2020 Long Term Incentive Plan. The shares vest in three equal annual installments (1) beginning on the first anniversary of the date of grant.

On March 11, 2022, the reporting person was granted an option, pursuant to the Plan, to purchase 98,925 shares of common stock. The option vests in three equal annual installments (2) beginning on the first anniversary of the date of grant based upon satisfaction of stock price appreciation of 15.0%, 32.5% and 52.5%, respectively, using a 30-day average stock price from the stock price on the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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