

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**

Washington, DC 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

March 8, 2010 (March 4, 2010)
Date of Report (date of earliest event reported)

VAALCO Energy, Inc.

(Exact name of Registrant as specified in its charter)

DELAWARE
(State or other jurisdiction
of incorporation or organization)

0-20928
(Commission File Number)

76-0274813
(I.R.S. Employer
Identification Number)

4600 Post Oak Place, Suite 309
Houston, Texas 77027
(Address of principal executive office)

(713) 623-0801
(Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 5.02— Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On March 4, 2010, VAALCO Energy, Inc. announced via news release that it had appointed John J. Myers, Jr. as a member of its Board of Directors. Mr. Myers is an independent director, and the committees on which he will serve have not yet been determined.

The press release is attached hereto as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits. The exhibit listed below is being furnished with this Form 8-K.

Exhibit 99.1 Press Release dated March 4, 2010

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO ENERGY, INC.

Date: March 8, 2010

By: /s/ Gayla M. Cutrer

Name: Gayla M. Cutrer

Title: Corporate Secretary

EXHIBIT INDEX

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press Release dated March 4, 2010



VAALCO ENERGY ANNOUNCES NEW DIRECTOR

HOUSTON, TEXAS – March 4, 2010 – VAALCO Energy, Inc. (NYSE: EGY) today announced that John J. Myers, Jr. has been appointed to the Company's Board of Directors.

Mr. Myers, a Chartered Financial Analyst, was the founder and Managing Partner of a successful energy investment hedge fund until his retirement in 2009. He has over twenty-five years of energy industry experience having served as an equity analyst for various investment banking firms before becoming a fund manager

"John brings to VAALCO an in depth knowledge of our industry at a critical period in our growth," stated Robert L. Gerry, III, Chairman and CEO of the company. "His broad based experience in analyzing corporate performance, structure and transactions will be a valued addition to our deliberations as we search for future strategic opportunities."

Mr. Myers will stand for election to the Board of Directors at VAALCO's Annual Meeting of Shareholders scheduled for June 2, 2010

About VAALCO

VAALCO Energy, Inc. is a Houston based independent energy company principally engaged in the acquisition, exploration, development and production of crude oil. VAALCO's strategy is to increase reserves and production through the exploration and exploitation of oil and natural gas properties with high emphasis on international opportunities. The Company's properties and exploration acreage are located primarily in Gabon and Angola, West Africa.

Investor Contact

Greg Hullinger
Chief Financial Officer
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