UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

November 18, 2004 Date of Report (date of earliest event reported)

VAALCO Energy, Inc. (Exact name of Registrant as specified in its charter)

DELAWARE (State or other jurisdiction of incorporation or organization)

0-20928 (Commission File Number)

76-0274813 (I.R.S. Employer Identification Number)

4600 Post Oak Place, Suite 309 Houston, Texas 77027 (Address of principal executive office)

(713) 623-0801 (Registrant's telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:	
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
П	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240 13e-4(c))

Item 5.02(d) - Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

On November 18, 2004, the Board of Directors of VAALCO Energy, Inc. (the "Company") appointed William S Farish as a director of the Company to serve a term ending on the date of the annual meeting of stockholders of the Company in 2005.

Mr. Farish is not a party to any arrangement or understanding with any person pursuant to which he was selected as a director, nor is he a party to any transaction, or series of transactions, required to be disclosed pursuant to Item 4.04(a) of Regulation S-K.

Mr. Farish was not appointed to serve on any committee of the Company's Board of Directors; however, he may be appointed to one or more committees of the Company's Board of Directors in the future, at which point the Company shall amend this Form 8-K to disclose such appointment within four business days of such appointment.

A press release announcing the appointment of Mr. Farish to the Company's Board of Directors is attached hereto as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits. The exhibit listed below is being furnished with this Form 8-K.

Exhibit 99.1 Press Release dated November 18, 2004, entitled "VAALCO Energy, Inc. Appoints New Director to Board of Directors"

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO ENERGY, INC.

Date: November 18, 2004

By: /s/ W. Russell Scheirman

W. Russell Scheirman President and Chief Financial Officer

EXHIBIT INDEX

Exhibit No. Description

99.1 Press Release dated November 18, 2004, entitled "VAALCO Energy, Inc. Appoints New Director to Board of Directors"

VAALCO Energy, Inc.

4600 Post Oak Place, Suite 309 Houston, Texas 77027 Tel: (713) 623-0801 Fax: (713) 623-0982

VAALCO Energy, Inc. Appoints New Director to Board of Directors

HOUSTON - (PR Newswire) – November 18, 2004 – VAALCO Energy, Inc. (EGY – Amex), is pleased to announce, effective November 18, 2004 Mr. William S. Farish has been appointed to its Board of Directors, to serve until the next regularly scheduled Stockholders Meeting.

Mr. Farish served as the United States Ambassador to the Court of St. James from 2001 to 2004. He is President of W.S. Farish and Company, an investment firm in Houston, Texas and is the owner of Lane's End Farm, a noted thoroughbred breeding facility in Versailles, Kentucky. He is also former Chairman of Churchill Downs, Incorporated, and has served on the Boards of numerous business and civic organization.

Robert Gerry, Chairman and Chief Executive Officer commented, "VAALCO is extremely pleased to have a man of Mr. Farish's broad business and political experience join our Board of Directors. His wise counsel and knowledge will serve us well as we continue to seek opportunities to grow our international assets."

VAALCO's subsidiary VAALCO Gabon Etame, Inc. operates and owns a 28.07% interest in the Etame Field. The Etame field was placed on production in September 2002 and has produced 12.0 million barrels since startup. Other field partners are PanOcean Energy Corporation Limited (31.36%), Sasol Petroleum West Africa (Ltd.) (27.75%), Sojitz Etame Limited (2.98%), PetroEnergy Resources Corp. (2.34%) and Energy Africa Gabon (7.5%).

This press release includes "forward-looking statements" as defined by the U.S. securities laws. Forward-looking statements are those concerning VAALCO's plans, expectations, and objectives for future drilling, completion and other operations and activities. All statements included in this press release that address activities, events or developments that VAALCO expects, believes or anticipates will or may occur in the future are forward-looking statements. These statements include future production rates, completion and production timetables and costs to complete well. These statements are based on assumptions made by VAALCO based on its experience perception of historical trends, current conditions, expected future developments and other factors it believes are appropriate in the circumstances. Such statements are subject to a number of assumptions, risks and uncertainties, many of which are beyond VAALCO's control. These risks include, but are not limited to, inflation, lack of availability goods, services and capital, environmental risks, drilling risks, foreign operational risks and regulatory changes. Investors are cautioned that forward-looking statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. These risks are further described in VAALCO's annual report on form 10K/SB for the year ended December 31, 2003 and other reports filed with the SEC which can be reviewed at www.sec.gov, or which can be received by contacting VAALCO at 4600 Post Oak Place, Suite 309, Houston, Texas 77027, (713) 623-0801.

For further information contact: W. Russell Scheirman 713-623-0801