UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest reported): November 18, 2022

VAALCO Energy, Inc. (Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

001-32167 (Commission File Number)

76-0274813 (IRS Employer Identification No.)

9800 Richmond Avenue, Suite 700 Houston, Texas (Address of principal executive offices)

77042 (Zip Code)

Registrant's telephone number, including area code: (713) 623-0801 Not Applicable

(Former Name or former address if changed since last report.)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:			
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) Securities registered pursuant to Section 12(b) of the Act:		
Securities registered pursuant to Section 12(b) of the Act:			
	Title of each class	Trading Symbol(s)	Name of each exchange on which registered
	Common Stock, par value \$0.10	EGY	New York Stock Exchange
	Common Stock, par value \$0.10	EGY	London Stock Exchange
Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933(§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).			
			Emerging growth company \square
	an emerging growth company, indicate by check mark if the ancial accounting standards provided pursuant to Section		xtended transition period for complying with any new or revised

Item 8.01 Other Events.

On November 18, 2022, VAALCO Energy, Inc. (the "Company") released, via the Regulatory News Service ("RNS") in London, an announcement (the "RNS Announcement") regarding the Company's share buyback program (the "Buyback Program"). The Buyback Program was previously announced by the Company on November 1, 2022.

The RNS Announcement pertains to the entry, by the Company, into a Rule 10b5-1 trading plan (the "Plan") on November 17, 2022, in connection with the Buyback Program. The RNS Announcement is attached hereto as Exhibit 99.1 and is incorporated by reference herein.

The RNS Announcement was made in order to comply with disclosure requirements in connection with the safe harbor from the UK market abuse prohibitions pertaining to the Plan.

Cautionary Note Regarding Forward-Looking Statements. This Form 8-K and the announcement filed herewith as Exhibit 99.1 contain forward-looking statements, including, for example, statements regarding the Company's plans to repurchase outstanding shares of its common stock, par value \$0.10 per share ("Common Stock") and the timing and ability of the Company to repurchase shares of Common Stock. These forward-looking statements involve certain risks and uncertainties that could cause actual results to differ materially from those expressed or implied by these statements, including changes in price and volume and the volatility of the Common Stock, adverse developments affecting prices and trading of securities listed on the New York Stock Exchange and the London Stock Exchange generally, and unexpected or otherwise unplanned or alternative requirements with respect to the Company's capital investments. Please refer to the cautionary note in the announcement regarding these forward-looking statements.

Item 7.01 Regulation FD Disclosure.

The Company reminds its investors that it makes its RNS announcements available on its website at https://www.vaalco.com/investors/rns-releases. The information included on, or accessible through, the Company's website is not incorporated by reference into this Current Report on Form 8-K.

In accordance with applicable U.S. securities laws, the Company will provide information regarding repurchases in its quarterly and annual reports on Forms 10-Q and 10-K, respectively. In accordance with UK requirements, the Company will provide information regarding repurchases via RNS announcements made no later than the end of the seventh daily market session after the relevant transaction.

The information in this Item 7.01 is being furnished and shall not be deemed "filed" for purposes of Section 18 of the Exchange Act, or otherwise subject to the liabilities of that section, and shall not be incorporated by reference into any registration statement or other document filed pursuant to the Securities Act of 1993, as amended, except as otherwise stated in such filings.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description of Exhibit

99.1 RNS Announcement, dated November 18, 2022.

104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO Energy, Inc. (Registrant)

Date: November 18, 2022

By: /s/ Matthew Powers

Name: Matthew Powers Title: General Counsel Vaalco Energy, Inc.

Share Buyback Program

HOUSTON - November 18, 2022 - VAALCO Energy, Inc (NYSE: EGY; LSE: EGY) ("VAALCO" or the "Company") announces that, further to the announcement on November 1, 2022 regarding its share buyback program (the "Buyback Program"), the Company has entered into a Rule 10b5-1 trading plan (the "Plan") with Roth Capital Partners LLC ("Roth") in connection with the Buyback Program commencing on November 17, 2022 and ending no later than August 16, 2024. Under this trading plan, Roth, an independent third party, will make trading decisions concerning the timing of the purchases of the Company's common stock, par value \$0.10 per share ("Common Stock"), pursuant to the Plan independently of the Company, in compliance with Rule 10b5-1 and Rule 10b-18 under the Securities Exchange Act of 1934 (the "Exchange Act") and up to a maximum of 15 million shares of Common Stock.

The maximum pecuniary amount allocated to the Buyback Program is \$30 million. The repurchased Common Stock will be held by the Company in treasury. The purpose of the Buyback Program is to reduce the capital of the Company.

The Buyback Program will be conducted within the parameters of Rule 10b5-1 and Rule 10b-18 under the Exchange Act and the Market Abuse Regulation 596/2014/EU and the Commission Delegated Regulation 2016/1052/EU (each as incorporated into UK domestic law by the European Union (Withdrawal) Act 2018, including where relevant pursuant to the Market Abuse (Amendment)(EU Exit) Regulations 2019).

The Company will make further announcements in due course following the completion of any share repurchases.

About VAALCO

VAALCO, founded in 1985 and incorporated under the laws of Delaware, is a Houston, USA based, independent energy company with production, development and exploration assets in Africa and Canada.

Following its business combination with TransGlobe in October 2022, VAALCO owns a diverse portfolio of operated production, development and exploration assets across Gabon, Egypt, Equatorial Guinea and Canada.

For further information:

VAALCO Energy, Inc. (General and Investor Enquiries) +00 1 713 623 0801

Website: <u>www.vaalco.com</u>

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Al Petrie / Chris Delange

Buchanan (UK Financial PR) +44 (0) 207 466 5000

Ben Romney / Jon Krinks

<u>VAALCO@buchanan.uk.com</u>

Important Information

This announcement does not constitute, or form part of, an offer or any solicitation of an offer for securities in any jurisdiction.

This announcement contains "forward-looking statements" and "forward-looking information" that are based on the Company's expectations, estimates and projections as of the date on which the statements were made. This forward-looking information includes, among other things, statements with respect to expectations regarding future dividends and returns to stockholders including share buybacks, performance, outlook, growth, targets and expectations,. Generally, this forward-looking information can be identified by the use of forward-looking terminology such as "outlook", "anticipate", "project", "target", "likely", "believe", "estimate", "expect", "intend", "may", "would", "could", "scheduled", "will", "plan", "forecast", "evolve" and similar expressions. Persons reading this announcement are cautioned that such statements are only predictions, and that the Company's actual future results or performance may be materially different.

Forward-looking information is subject to known and unknown risks, uncertainties and other factors that may cause the Company's actual results, level of activity, performance or achievements to be materially different from those expressed or implied by such forward-looking information. Dividends of VAALCO beyond the fourth quarter 2022 have not yet been approved or declared by the Board of Directors of VAALCO. Expectations with respect to future dividends, annualized dividends or other returns to stockholders, including share buybacks, are forward-looking statements. Investors are cautioned that such statements with respect to future dividends and share buybacks are non-binding. The declaration and payment of future dividends or the terms of any share buybacks remain at the discretion of the Board of Directors of VAALCO and will be determined based on VAALCO's financial results, balance sheet strength, cash and liquidity requirements, future prospects, crude oil and natural gas prices, and other factors deemed relevant by the Board of Directors of VAALCO. The Board of Directors of VAALCO reserves all powers related to the declaration and payment of dividends and terms of any share buybacks. Consequently, in determining the dividend to be declared and paid on VAALCO common stock or the terms of any share buyback, the Board of Directors of VAALCO may revise or terminate such payment level or such terms at any time without prior notice. These statements speak only as of the date of this announcement. Actual operational and financial results or events may differ materially from the Company's expectations contained in the forward-looking statements as a result of various factors, many of which are beyond the control of the Company.