FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>LaFehr Edward David</u>		St	Date of Event R atement (Month/ 0/13/2022		3. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]							
(Last) 9800 RICHMO	(First) ND AVENUE, S	(Middle)	-			ionship of Reporting Person(s all applicable) Director Officer (give title below)	s) to Issuer 10% Owner Other (spec	ify	6. Inc	If Amendment, Date of Original Filed (Month/Day/Year) Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person		
(Street) HOUSTON	TX	77042							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)				4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock, par value \$0.10						20,812	D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4)		2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Derivative Security (Instr. 4)		Cor or E		rsion rcise	5. Ownership Form: Direct (D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
		Date Exercisable	Expiration Date	n Title		Amount or Number of Shares	Price o Derivat Securit	ive	Indirect (I) (Instr. 5)			
Deferred Share Unit		(1)	(1)	Co	ommon Stock, par value \$0.10	101,314	(1)		D			

Explanation of Responses:

1. The reporting person's deferred share units ("DSU") represent the right of such reporting person to receive the fair market value of the indicated number of shares of common stock, par value \$0.10 per share, of VAALCO Energy, Inc. on the Distribution Date (as defined below). DSUs are vested upon grant and will be paid within 30 days following the date of retirement or death of the reporting person (the "Distribution Date").

/s/ Edward LaFehr

** Signature of Reporting Person

10/14/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.