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**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
Washington, D.C. 20549

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**FORM 8-K**

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**CURRENT REPORT**  
**Pursuant to Section 13 or 15(d)**  
**of the Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): February 21, 2017**

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**VAALCO Energy, Inc.**  
(Exact name of registrant as specified in its charter)

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Delaware  
(State or other jurisdiction  
of incorporation)

001-32167  
(Commission  
File Number)

76-0274813  
(IRS Employer  
Identification No.)

9800 Richmond Avenue, Suite 700  
Houston, Texas  
(Address of principal executive offices)

77042  
(Zip Code)

Registrant's telephone number, including area code: (713) 623-0801

Not Applicable  
(Former Name or former address if changed since last report.)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- ☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
  - ☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
  - ☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
  - ☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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**Item 7.01            Regulation FD Disclosure.**

On February 21, 2017, the Company issued a press release announcing year-end 2016 proved reserves and reserves replacement of 2016 production in Gabon. The press release is attached hereto as Exhibit 99.1 to this Current Report on Form 8-K.

The information included in this Current Report on Form 8-K under Item 7.01 and Exhibit 99.1 is being furnished and shall not be deemed “filed” for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the “Exchange Act”), or otherwise subject to liabilities of that Section, unless the registrant specifically states that the information is to be considered “filed” under the Exchange Act or incorporates it by reference into a filing under the Exchange Act or the Securities Act of 1933, as amended.

**Item 9.01            Financial Statements and Exhibits.**

(d) Exhibits.

<b>Exhibit Number</b>	<b>Description</b>
99.1	Press Release, dated February 21, 2017

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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**VAALCO Energy, Inc.**  
(Registrant)

Date: February 22, 2017

By: /s/ Elizabeth D. Prochnow  
Name: Elizabeth D. Prochnow  
Title: Controller and Chief Accounting Officer

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## Exhibit Index

Exhibit Number	Description
99.1	Press Release, dated February 21, 2017

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**VAALCO ENERGY ANNOUNCES YEAR-END 2016 RESERVES  
ACHIEVED 87% RESERVE REPLACEMENT IN GABON**

**HOUSTON – February 21, 2017** – VAALCO Energy, Inc. (NYSE: EGY) (“VAALCO” or the “Company”) today announced year-end 2016 proved reserves of 2.6 million barrels of oil equivalent (MMBOE) and reserves replacement of 87% of 2016 production in Gabon, based on its reserves report just completed by Netherland, Sewell & Associates, Inc. The Company has engaged Netherland, Sewell & Associates to provide annual independent estimates of its year-end reserves for over 15 years.

The reserve replacement outcome in 2016 was primarily attributable to four positive factors. VAALCO’s acquisition of an additional 3.23% participating interest in the Etame Marin Permit located offshore of Gabon added approximately 11% to the Company’s interest in Etame. The other three factors were all operationally driven. First, VAALCO’s cost cutting efforts had the impact of driving down operating cost projections and extending economic limits. Next, the Company was successful in demonstrating the effectiveness of deploying lower cost hydraulic workover units to conduct workovers in Etame during 2016. Finally, VAALCO’s success in production optimization produced better-than-forecasted results from the prior year’s development program. These positive impacts were somewhat offset by the effects of an 18% reduction in the average adjusted price used to perform the SEC prescribed reserves calculation. The average price used to determine reserves was \$49.36 and \$40.35 in 2015 and 2016, respectively.

Cary Bounds, VAALCO’s Chief Executive Officer commented, “This strong outcome for year-end 2016 reserves together with our recently announced production performance clearly demonstrates VAALCO’s effective execution on our strategy and commitment to operational excellence.”

**About VAALCO**

VAALCO Energy, Inc. is a Houston-based independent energy company principally engaged in the acquisition, development and production of crude oil. The Company's

properties and acreage are located primarily in Gabon and Equatorial Guinea in West Africa.

This news release includes "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Forward-looking statements are those concerning VAALCO's plans, expectations, and objectives for liquidity and capital resources, future drilling, completion, workover and other operations and activities. All statements, other than statements of historical facts, included in this release that address activities, events or developments that VAALCO expects, believes or anticipates will or may occur in the future are forward-looking statements. These statements may include expected capital expenditures, future drilling plans, prospect evaluations, liquidity, negotiations with governments and third parties, expectations regarding processing facilities, and reserve growth. These statements are based on assumptions made by VAALCO based on its experience, perception of historical trends, current conditions, expected future developments and other factors it believes are appropriate in the circumstances. Such statements are subject to a number of assumptions, risks and uncertainties, many of which are beyond VAALCO's control. These risks include, but are not limited to oil and gas price volatility, inflation, general economic conditions, the Company's success in discovering, developing and producing reserves, lack of availability of goods, services and capital, environmental risks, drilling risks, foreign operational risks, and regulatory changes. These and other risks are further described in VAALCO's annual report on Form 10-K for the year ended December 31, 2015, subsequent quarterly reports on Form 10-Q, and other reports filed with the SEC. Investors are cautioned that forward-looking statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. VAALCO disclaims any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise.

For further information: Investor Contact Elizabeth Prochnow 713-623-0801