August 5, 2009

VAALCO Energy Schedules Second Quarter 2009 Earnings Conference Call

HOUSTON, Aug. 5 /PRNewswire-FirstCall/ -- VAALCO Energy, Inc. (NYSE: EGY) today announced that it will hold a conference call to discuss its second quarter 2009 results on August 11, 2009 at 11:00 a.m. Central Time (12:00 p.m. Eastern Time). Interested parties may participate by dialing 1 (800) 288-8960. International parties may dial 1 (612) 234-9959. The confirmation code is 109261. This call will also be webcast on VAALCO's web site at *www.vaalco.com*.

An audio replay will be available beginning approximately one hour after the end of the conference call through September 10, 2009 on the Company's website and by dialing 1 (800) 475-6701. International parties may dial 1 (320) 365-3844. The confirmation code is 109261.

About VAALCO

VAALCO Energy, Inc. is a Houston based independent energy company principally engaged in the acquisition, exploration, development and production of crude oil. VAALCO's strategy is to increase reserves and production through the exploration and exploitation of oil and natural gas properties with high emphasis on international opportunities. The Company's properties and exploration acreage are located primarily in Gabon and Angola, West Africa.

Investor Contact	Media Contact
Greg Hullinger	Barrett Golden / Tim Lynch
Chief Financial Officer	Joele Frank, Wilkinson Brimmer Katcher
713-623-0801	212-355-4449

SOURCE VAALCO Energy, Inc.